



Test your Knowledge of Asthma

1. Asthma is a disease that affects which part of your body?
 - a. Heart
 - b. Lungs
 - c. Kidneys
 - d. Brain

2. Asthma is only in children? (True or False)

3. Asthma can cause wheezing, chest tightness, coughing and breathlessness? (True or False)

4. An asthma attack causes less air to get in and out of your lungs? (True or False)

5. Common Asthma triggers are (select all that apply):
 - a. Smoke
 - b. Dust
 - c. Pollution
 - d. Cockroaches
 - e. Pets
 - f. Mold

6. Asthma can be controlled with medicine? (True or False)

7. Allergies can trigger asthma attacks? (True or False)